



CREIGHTON PREP

Forming Men of Faith, Scholarship, Leadership and Service

May 25, 2018

Dear Incoming Freshman,

Welcome to the Prep community! The next four years hold many wonderful opportunities for you. While academics will be your major focus during your high school years, the non-academic activities you become involved in will be some of the most meaningful experiences of your life. You may form lifelong friendships as a result of these activities. You will find the transition to high school life to be a much happier experience if you get involved in activities beyond the classroom.

This letter is your invitation to become a part of the cross country team at Creighton Prep. Running is indeed a lifelong sport and we have a strong sense of community on the team. Cross country is a sport which has a place for everyone from beginning runners who have not yet tested their ability to those who have running experience. We do not cut freshmen from our team. If you consistently attend practice, you will have the opportunity to compete regularly in meets.

Our team has earned the nickname "The Long Blue Line" because we have an average team size of over 130 runners--the largest team in the state. Last year we had 39 freshman runners. We enter all of our runners in races and have runners finishing in the top group, the middle, and near the end. Every runner's contribution is valued.

Beyond running, the cross country team develops a strong sense of community. We have many activities such as in-season team dinners, summer camp and team trips.

The season lasts ten weeks beginning with the first practice on Monday, August 6 and ending with the Junior Varsity Invitational on Friday, October 12.

If you are interested or have questions about cross country, please check out the [cross country portal](#) on the Prep website. There is a special link for incoming freshmen.

I am hoping that as many freshmen as possible can participate in the Prep Cross Country Camp for new runners, July 16-20 from 9:30-11 a.m. There is no cost for this camp. Information about the camp is on the special link for incoming freshmen on the [cross country portal](#). I also encourage you to run on your own prior to the camp. **Email me before Saturday, July 14 at rtill@prep.creighton.edu to sign up for cross country.** After Friday, July 14, you can still sign up if you send me an email. If you are a serious runner and want to be part of a summer running group that meets at Prep at 8 a.m. every Monday through Friday starting Monday, June 11, you can also email me.

Welcome to Creighton Prep!

Sincerely,

Fr. Bob Tillman, SJ
Head Cross Country Coach
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