Beginning with the 2008 fall sports season, any student-athlete who possesses, distributes, ingests or otherwise uses any of the banned substances on the attached page, without written prescription by a fully-licensed physician to treat a medical condition, violates the Creighton Preparatory School sportsmanship rule, and is subject to the following penalties and procedures:

1. A student who is found to have used a substance on the list of banned drugs, either through random testing or according to the rules of apprehension stated in the Student-Parent Handbook, shall be declared ineligible to participate in Creighton Preparatory School athletics (both NSAA sanctioned sports and club sports), for one calendar year (365 days) after the date of the positive drug test. In order to be reinstated after one calendar year, the student must submit to random testing for the duration of the suspension. A student who fails a drug test during the suspension shall be declared permanently ineligible.

2. After reinstatement, any student who tests positive a second time for a substance on the list of banned drugs shall be declared permanently ineligible to participate in Creighton Preparatory School athletics (both NSAA sanctioned sports and club sports).

3. A student who tests positive for any banned substance is also subject to the general school policy on substance abuse as delineated in the Student-Parent handbook.

4. A student who tests positive may challenge the finding by following the protocol described in the Student-Parent handbook. The original specimen, which will be retained by the lab, will then undergo a second analysis. If the second analysis is negative, the student will be immediately reinstated. If the second analysis is also positive, the student will remain suspended and the student or his family will be responsible for the cost of the second analysis.

CONSENT TO RANDOM TESTING

Creighton Preparatory School has contracted with the National Center for Drug Free Sport (or an agency approved by the school) to test certain randomly selected individuals and teams year-round for banned substances. The results of all tests shall be considered confidential and shall only be disclosed to the student, his or her parents and Creighton Preparatory School. No student may participate in athletics unless the student and the student’s parent/guardian consent to random testing.

By signing below, we consent to random testing in accordance with the Creighton Preparatory School performance enhancing drug policy. We understand that the student may be randomly selected for testing for banned substances at any point after he begins participation in athletics. If selected, the student will provide a urine sample to a certified specimen collector as assigned by the National Center for Drug Free Sport (or an agency approved by the school). We also understand that the penalty for missing a scheduled drug test or refusing to submit to a test is the same as the penalty for testing positive. This consent is valid for the duration of the student’s career at Creighton Preparatory School.

A complete description of the Performance Enhancing Drug Policy protocol can be found in the Student-Parent Handbook.

_________________________________________________________
Name of student-athlete (Print)

Signature of student-athlete ___________________ Date

_________________________________________________________
Signature of parent/guardian ___________________ Date
Many nutritional/dietary supplements contain banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact the athletic trainer or their physician for further information.

### Banned Drugs

The following is a list of banned-drug classes, with examples of substances under each class:

#### (a) Stimulants:
- methylenedioxymethamphetamine (MDMA, ecstasy)
- amphetamine
- benztropine
- caffeine (guarana)
- chlorphentermine
- cocaine
- cropropamide
- crothetamide
- diethylpropion
- doxapram
- ephedrine (ephedra, strychnina huang)
- synephrine
- ethamivan zhi shi, bitter orange
- ethylamphetamine
- fencamfamine
- meclofenoxate
- methamphetamine

#### (b) Anabolic Agents:
- anabolic steroids
  - androstenediol
  - androstenedione
  - boldenone
  - clomiphene
  - dehydrochlormethyltestosterone
  - dehydroepiandrosterone (DHEA)
  - dihydrotestosterone (DHT)
  - dromostanolone
  - epitrenbolone
  - fluoxymesterone
  - gestrinone
  - mesterolone
  - methandienone
- other anabolic agents
  - clenbuterol

#### (c) Diuretics and other Urine Manipulators:
- acetazolamide
- bendroflumethiazide
- benzhexol
- bumetanide
- chlorothiazide
- chlorothalidone
- ethacrynic acid
- finasteride
- flumethiazide
- furosemide

#### (d) Peptide Hormones and Analogues:
- corticotrophin (ACTH)
- growth hormone (hGH, somatotrophin)
- human chorionic gonadotrophin (hCG)
- insulin like growth factor (IGF-1)
- luteinizing hormone (LH)

#### (e) Definitions of positive depend on the following:
1. For caffeine – if the concentration in urine exceeds 15 micrograms/ml
2. For testosterone – if administration of testosterone or use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.