WHAT PARENTS CAN DO TO HELP THEIR SON STUDY
MORE EFFICIENTLY

1. Provide a consistent study time. Even if they say they have no
homework, make them review notes and/or vocabulary, review math
problems, do research for future projects, read ahead, etc.

2. Provide a quiet, well-lit study environment with a desk or table and a
comfortable chair.

3. Check their assignment notebooks and help them prioritize
assignments. They should do their hardest subjects first while they are
fresh.

4. In order for your son to be successful in a college preparatory school,
we recommend that he studies for three hours a day.

5. Encourage your son to take breaks every thirty minutes or so.
However, make sure they return after ten or fifteen minutes to resume
studying.

6. Be available to quiz your son for test preparation. If your son reads
slowly, you may want to read together. You can read some aloud, and
he can read some aloud. If he does not understand the material, this is
a good opportunity to do some explaining which will enhance
comprehension.

7. Don't be afraid to look at your son's notebooks and folders. He
shouldn't be hiding anything in there. Make sure that they are
organized.

8. Remind your son that his teachers want to work with him to succeed.
All the teachers are more than willing to help.

9. If your son needs some external motivation to stay focused he can be
placed on an Academic Monitoring Sheet (tracks assignments daily) or
fill out a Score Card (tracks grades weekly, missing assignments).

10. Your son wants independence, but independence does not mean “no
collaboration”. Remind your son that you are in this together. We are
all in this together. Reach out to other parents. Ask a lot of questions.